

A half smile, a weak hug, or the silent treatment could be signs your friend is upset.

Or they could be signs of **STROKE:**

act

F



**Face.** Ask the person to smile. A stroke can cause one side of the face to droop.

A



**Arms.** Ask the person to raise both arms. If one arm drifts downward, that could signal a stroke.

S



**Speech.** Ask the person to repeat a simple sentence. Stroke victims may have trouble speaking or understanding speech.

T



**Time.** If the person has any of these symptoms, **call 9-1-1** immediately. Stroke is a life-or-death emergency.

*to save a life.*

For more information, visit Sturdy Memorial Hospital's website at [www.sturdymemorial.org](http://www.sturdymemorial.org). Sturdy Memorial is a designated stroke center.

